

Ingredients

- 1 1/2 lbs (750 g) boneless skinless chicken breasts, cut into 1 1/2 – inch (4 cm) strips
- 1 cup (250 mL) mayonnaise, divided
- 1 tsp (5 mL) paprika
- 1/2 tsp (2 mL) salt
- 1/2 tsp (2 mL) black pepper
- 1 tsp (5 mL) garlic powder, divided
- 2 cups (500 mL) crushed corn flakes cereal

canola oil

Sriracha

liquid honey

- 1 Tbsp (15 mL) canola oil
- 2 Tbsp (30 mL) Sriracha
- 1 Tbsp (15 mL) liquid honey

Directions

- 1. Preheat oven to 425 °F (220 °C).
- **2.** In a medium bowl, combine chicken, ½ cup (125 mL) mayonnaise, paprika, salt, pepper and ½ tsp (2 mL) garlic powder. Stirring to coat chicken.
- **3.** Place cereal in a shallow bowl. Dip each piece of chicken in cereal, pressing to coat.
- **4.** Place chicken on a parchment-lined rimmed baking sheet and drizzle with oil. Discard excess cereal.
- **5.** Bake for 12 to 15 minutes or until chicken is crisp and no longer pink inside.
- **6.** Meanwhile, in a small bowl, combine remaining mayonnaise, Sriracha, honey and remaining garlic powder. Serve chicken with sauce.

Shopping List

Pantry Staples

- mayonnaise
- paprika
- salt
- black pepper
- garlic powder
- corn flakes

Meat

• 1 1/2 lbs (750 g) boneless skinless chicken breasts

Notes: